



The Art of Withdrawal

The ability to reflect and reorient oneself, if only for a moment...To replenish...To sort out the more important from the less important, and the important from the urgent, and attend to the more important...

Read the article, Effective Leadership and the Fine Art of Systematic Neglect. Now go take a 5 minute reflection break. (Please, no computer, Blackberry, phone, reading, writing or talking.)

Answer the following question when you come back from your reflection break.

How can I encourage creativity and innovation in my organization?

To help find more time for *purposeful withdrawal*. Consider making a “Stop Doing” list.

Task / Activity	Benefits of Stopping	Risks of Stopping