Leading in Challenging Times with Resilience, Hope, and Courage

VA Psychology Leadership Conference Planning Committee Virtual Event
VA Psychology Leadership Conference Planning Committee

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• Ron Gironda, PhD*
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• Russell Lemle, PhD
• Ken Jones, PhD
• Kaki York-Ward, PhD
• Steve Lovett, PhD
• Mike Martin, PhD*
• George Shorter, PhD
• Sam Wan, PhD
• Christopher Watson, PhD

We would like to acknowledge:
• Kaela Joseph, PhD: Open Plenary Session Committee Chair
• Nicole Shiber, Psy.D: Hospitality Sub-committee Chair

* Tech Team Member
+ Conference Chair Elect
Introduction to the Conference

• Information about the conference (Sponsoring organizations)
• What’s different this year?
• FAQs for Zoom/REMO
• How to make the most of the virtual experience
• Agenda walk through
Sponsoring Organizations

- APA- Division 18 (Psychologists in Public Service) Veterans Affairs Section
- American Psychological Association
- Association of VA Psychologist Leaders
What’s Unique About VAPLC

• Only conference specifically for VA Psychologists
• Promotes leadership
• Promotes advocacy
• Promotes strong practices for high quality care
• Promotes connections, networking, and collaborations
What’s Different This year

• We have a record number of registrations
• We are virtual....
  • We recognize that Zoom fatigue is real
    • Two platforms:
      • One dedicated to networking and connecting
    • Decreased offerings (less is more)
      • Fewer speakers
      • Shorter presentations
Key Documents from E-mail

FAQ document (2021 VAPLC FAQ for Participants)

The AGENDA (2021 VAPLC Agenda 51021)

VAPLC Wednesday May 26th Evening events: An overall list of Wednesday evening events and links

VAPLC Social Hour May 26th: Includes information about events hosted by SIGs and DIV 19
Q: How do I prepare for the virtual VAPLC?

• **A:** Every registered participant will receive links to the two virtual platforms being used for the VAPLC:
  
  • **Remo** – social and networking activities (e.g., breaks)  
    • Check your spam/other folder
  
  • **Zoom** – for all presentations listed on the agenda  
    • Several AVAPL Special Interest Groups (SIGs) and Division 18 will be hosting Social Hour events after the official conference. Please see the schedule in this document or you can refer to the Social Hour Schedule.
Q: How do I ask a question during the conference in Zoom?

• A: There will be an individual labeled as “Q & A” throughout the event. If you want to have your question addressed by the speaker, you must send your question to the individual labeled as “Q & A”. You are welcome to put other comments and questions in the general chat, but to get a formal response you must send it to “Q & A”.

This Photo by Unknown Author is licensed under CC BY-SA
Q: What do I do if I’m having problems in Remo?

• **A**: If for any reason your screen freezes and nothing else works, you can try a hard reset.
  - On Windows desktops and laptops it is: CTRL + SHIFT + R
  - On MAC it is: CMD + SHIFT + R

• Other help options include:
  - Selecting the “Need help” icon in the bottom left corner for access to the Remo support team.
  - [Troubleshooting : Remo Help Centre](#)
  - Chat with Nicole Shiber or Laura Eaton who will be in Remo as hosts.
Q: How do I use Remo?

A: To optimize your experience with Remo, here are some tips from Remo:

- Microphone and Camera - To get the full networking experience use a computer with a camera and microphone. It’s not required but this will create an amazing experience.
- We recommend that you check your system’s capabilities prior to the conference: https://remo.co/mic-cam-test/
- Browser Updates - As we use the latest video technology, make sure your browser and operating system (OS) is updated to the latest version.
  - On Mac desktops and laptops, Remo is compatible with the following browsers:
    - Chrome
    - Safari
    - Firefox
  - On Windows 10 desktops and laptops, Remo is compatible with the following browsers:
    - Chrome
    - Firefox
- Tablets are currently not supported for all users including event hosts, speakers or guests.
Q: How do I set-up with Remo?

• First you will want to create an account and profile:

• **To Create an Account**: click on the link to the event you want to attend. Enter your name, email address, and create a password of your choosing. The password must be a minimum of 6 characters in length.

• Please follow the step-by-step instructions in the FAQ document to create an account and a profile prior to the conference.
Q: How do I set-up with Remo (cont..)?

• On your “Headline” you can include:
  • Stage of Career: Early Career/Mid-Career/Senior Psychologist
    • APA’s suggestions:
      • Early Career Psychologist (defined by APA as 1-10 years as a practicing psychologist)
      • Mid-Career Psychologist (defined by APA as 11-20 years as a practicing psychologist)
      • Senior Career Psychologist (defined by APA as 21+ years as a practicing psychologist)
  • “Ask Me About” Items such as:
    • Professional Interests
    • Personal Interests
Q: How do I join Remo during a break or after hours for networking and socializing?

• A: All VAPLC Remo events will be private.

• If you have not joined a Remo event before, you will be prompted to create an account (see previous question). Make sure to use the original email address that the host used to invite you.

• If you have previously joined a Remo event, a window appears to enter your email address and password. Make sure to use the original email address that the host used to invite you.

• Once you enter the event, you will see a bird’s eye view of the floor plan.

• You will randomly join a table, but you are free to move around as you please. Simply double-click on the table you wish to join.

• If you try to join a table that is full, you will receive a message stating that the table is full.
How do I make the most of the virtual experience?

- Minimize distractions
- Set up REMO account/profile early
- Use the chat features
- Take stretch breaks
- Connect over REMO during breaks
- Join social events
- Plan to join us next year in San Antonio!
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30 am – 11:00 am</td>
<td>Introduction to the Conference: (OPTIONAL)</td>
</tr>
<tr>
<td>11:00 am – 11:15 am</td>
<td>Welcome, Overview, and Introduction to Sponsoring Organizations</td>
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<tr>
<td><strong>Day 1 Zoom link above</strong></td>
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<tr>
<td>11:15 am – 12:00 pm</td>
<td>Opening Invited Address:</td>
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<tr>
<td></td>
<td>Carolyn Clancy, MD,</td>
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<td></td>
<td>Acting Deputy Secretary of Veterans Affairs</td>
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<tr>
<td><strong>Day 1 Zoom link above</strong></td>
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<tr>
<td>12:00 pm – 12:45 pm</td>
<td>Invited Presentation:</td>
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<tr>
<td></td>
<td>The Magic Trick: Moving from Staff Psychologist to VA Leader in Times of Calm and Crisis</td>
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<td></td>
<td>Maureen Marks, PhD</td>
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<td>Executive Director</td>
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<td>VHA National Center for Organization Development</td>
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<td><strong>Day 1 Zoom link above</strong></td>
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<tr>
<td>12:45 pm – 1:15 pm</td>
<td>(30 Minute Break)- REMO</td>
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<td>Time</td>
<td>Event</td>
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<tr>
<td>1:15 pm – 2:00 pm</td>
<td>Invited Presentation</td>
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<tr>
<td>2:00 pm – 2:45 pm</td>
<td>Panel Presentation: Diversity, Equity and Inclusion Strong and Innovative Practices</td>
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<td>2:45 pm – 3:00 pm</td>
<td>15-minute Break- REMO</td>
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<td>3:00 pm – 3:45 pm</td>
<td>Updates from Capitol Hill (A Panel Discussion)</td>
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<tr>
<td>3:45 pm – 4:00 pm</td>
<td>Day 1 Wrap Up and Adjourn</td>
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Wednesday May 26, 2021 Evening Events

• Informal, optional events are being held the evening of May 26th, including networking, DIV 18 and SIG meetings

• Please see separate file labeled “VAPLC Wednesday May 26 Evening Events” for details and links
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:30-am - 11:00 am</td>
<td>OPEN BRUNCH Networking time (OPTIONAL)-REMO</td>
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<tr>
<td>11:00 am - 11:15</td>
<td>Housekeeping and Welcome to Day 2</td>
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<td></td>
<td>Katherine M. Dollar, PhD, ABPP</td>
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<tr>
<td>11:15 am - 12:00 pm</td>
<td>Keynote Address</td>
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<td>APA Presidential Address</td>
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<td>Dr. Jennifer Kelly</td>
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<td>President, American Psychological Association</td>
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<tr>
<td>12:00 pm - 12:30 pm</td>
<td>Invited Plenary: Update from the Biden Administration</td>
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<td>Terri Tanielian, MA</td>
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<td>Special Assistant to the President for Veterans Affairs on the Domestic Policy Council.</td>
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<tr>
<td>12:30 pm - 1:00 am</td>
<td>Update from APA</td>
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<td>Sophie Friedl, MPH</td>
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<td>Director, Military and Veterans Health Policy</td>
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<td></td>
<td>American Psychological Association</td>
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<tr>
<td>1:00 pm - 1:30 pm</td>
<td>30 Minute Break-REMO</td>
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</table>
1:30 pm – 2:15 pm

Invited Panel (Open Plenary)

Best Practices from the Field

• The Role of a Diversity Committee in the Implementation of Diversity-Related Initiatives within a VA Psychology Training Program
• Trans-Affirmative Narrative Exposure Therapy (TA-NET): A Therapeutic Approach for Addressing Trauma- and Minority-Related Stressors
• Resiliency for Staff, Veterans & Caregivers Response Program
• Lessons Learned Serving Patients and Healthcare Workers during a Pandemic: In-Person Psychology Services on a COVID Unit

2:15 pm – 2:45 pm

Suicide Prevention Updates

Matt Miller, PhD
Director, Suicide Prevention Program

Lisa Kearney, PhD, ABPP
Director, Veterans Crisis line

2:45 pm – 3:00 pm

Presentation of the Russell B. Lemle Award

3:00 pm – 4:30 pm

Closing Remarks and Open Discussion
Thank you for attending today!

On behalf of the VAPL Conference Planning Committee