Leading in Challenging Times with Resilience, Hope, and Courage

VA Psychology Leadership Conference Planning Committee Virtual Event
“Psychologists define resilience as the process of adapting well in the face of adversity, trauma, tragedy, threats, or significant sources of stress—such as family and relationship problems, serious health problems, or workplace and financial stressors. As much as resilience involves “bouncing back” from these difficult experiences, it can also involve profound personal growth.”

(American Psychological Association, 2012)
Hope
VA Psychology Leadership Conference Planning Committee

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We would like to acknowledge:
• Kaela Joseph, PhD: Open Plenary Session Committee Chair
• Nicole Shiber, Psy.D: Hospitality Sub-committee Chair

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+ Conference Chair Elect
Housekeeping Items

- Cameras are optional
  - If there are bandwidth issues we may ask for cameras off
- Please be sure you are muted
- A link for CEU evaluation form will be sent to the email you used for registration after the event
  - You must complete evaluation to receive CEUs
  - You must attend full sessions to receive CEUs
Q: How do I ask a question during the conference in Zoom?

• **A:** There will be an individual labeled as “Q & A” throughout the event. If you want to have your question addressed by the speaker, you must send your question to the individual labeled as “Q & A”. You are welcome to put other comments and questions in the general chat, but to get a formal response you must send it to “Q & A”.
Remarks from Sponsoring Organizations

APA- Division 18 (Psychologists in Public Service) Veterans Affairs Section:
• Gayle Iwamasa, PhD
• American Psychological Association
  • Sophie Frield, MPH
• Association of VA Psychologist Leaders:
  • Ken Jones, PhD