Moving Forward in Difficult Times

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June 1, 2022
Calmness during the storm is the sign of a true CHAMPION.
Case Study
We write the stories with the choices that are made
Find strength in vulnerability – when you have no control
Clear your mind of ‘can’t’
Clinical formulation?  
Diagnosis?  
Prognosis?  
Treatment plan?
Flowers can grow through the concrete.
GOAL

Transition from Trauma to Resilience
Why?
YOU are a change agent
Compassion: Do you have the fortitude to turn the loss into a lesson
Inspire: We use our joy as our resistance, and we do not give up
Commitment: Stop wishing for things, instead set new standards
EDI as the Cornerstone of Reimagined Practice

- Reexamining areas of focus
- Updating the road map of accountability structures to meet the needs of the time
- Continuous bi-directional engagement with disenfranchised or marginalized social groups
- Allyship, inclusion, cultural competence and courageous conversations as a central component of practice
THANK YOU
QUESTIONS?

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NO challenge, NO change